

PATTY HAHNE

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THE  
**DOOMSDAY**  
PREPPING CRASH COURSE

THE ULTIMATE  
PREPPER'S GUIDE  
TO GETTING  
PREPARED WHEN  
YOU'RE ON A  
TIGHT BUDGET



# **The Doomsday Prepping Crash Course**

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**The Ultimate Prepper's Guide to Getting  
Prepared When You're on a Tight Budget**

*By Patty Hahne*



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## DISCLAIMER

The purpose of this book is to help people with their emergency preparedness plans. It's the goal of this author to provide the most accurate information possible. The author believes, to the best of her knowledge, that the information provided in this book is correct at the time of this writing.

The author of this book provides tips about the types of items that she feels should be packed in a "bug out" bag. These tips are not all inclusive and you should pack your bug out bag or survival kit according to what you personally need to survive with as your needs may be different than hers.

Some items that the author suggests including in bug out bags may present a danger to young children. Before placing any of the items outlined in this book in a child's bug out bag, you should decide for yourself if you think it will be safe for your child to handle and use the item. Only you know the level of maturity of your children and you alone bear the burden of making sure that dangerous items are not packed in your children's bug out bags.

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## Introduction

There are a growing number of people who proudly call themselves “preppers” in the world today. A prepper is someone who spends their time preparing for what is commonly called “doomsday.” In this day and age, the prepper community is one that is growing by leaps and bounds. It’s a subculture of people who see the importance of preparing for the harsh times that are to come.

People from all walks of life are feeling a sense of urgency to prepare for some form of a doomsday-type event that is bound to happen sooner or later. Whether it will be a catastrophic natural disaster, an economic crisis caused by hyperinflation, or some other kind of major event, one thing is certain: Those who have prepared will have a much better chance of weathering the storm than those who did not take the time to do so.

It’s no secret that the US economy has seen better days. With the unemployment rate above 8 percent, many people are finding it a bit tough to stretch their money and make it from paycheck to paycheck. If people are having a hard time finding enough money to pay the bills, how on earth can they find the money to prepare to survive a major natural or economic disaster? Luckily, this book will teach you some helpful tips that you can use to prepare for doomsday—even if you’re on a tight budget.

In the following pages, you'll find tips and tricks that you can use to save money while prepping, in addition to useful advice to help you understand the kinds of preparations you should be making and the types of items you should be stockpiling.

There are plenty of wealthy individuals who haven't spent a single cent prepping despite the fact that they have unlimited resources. Likewise, there are plenty of people who barely get by from month-to-month who have a rather impressive stockpile of supplies and well-thought-out and designed emergency preparedness plans.

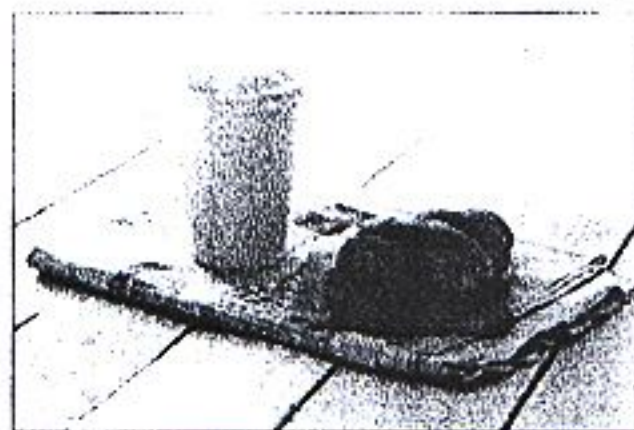
As you are reading through this book, try to keep things in perspective. You may end up choosing to adopt some of the advice that is given in this book and ignore other parts of it altogether. Remember that prepping is a process and it's one that most preppers never actually complete. We're constantly prepping and doing the things that we think will help us survive doomsday.

The bottom line is that doing something to prepare is much better than doing nothing at all. Some of you will choose to only do a few things that are outlined in this book. Others will go to the extreme end of the spectrum and do much more. The important thing is that you do something—and the goal of this book is to help you do just that!

## Getting Your Priorities Straight from the Beginning

One thing that all good preppers have in common is that they have their priorities straight. They have all come to a point in their lives that has enabled them to make a real commitment to prepping. It's one thing to say that you would like to start prepping, but it's something entirely different to actually make a serious commitment to start and stick with it.

If you really want to be a prepper, you need to make a commitment to prepping. If you're on a budget, this will likely mean that you'll have to make some personal sacrifices. You'll need to take a close look at how you spend your money and find ways to free up money to buy prepping supplies.



Now, before you say that there's just no money in your budget to start prepping, you really should challenge yourself to take a good, close look at your budget and do an

“honest” evaluation. You may need to be brutally honest with yourself and ask some tough questions.

For example, if you think that it's impossible to start your day without stopping by your favorite coffee shop for a

"A great beginner's guide to being prepared for any event. It brought to light a few deficiencies in my plan that needed to be addressed ASAP!"

—Scott Hunt, owner of Practical Preppers

"This book is a good start to learn the basics of what you need to begin prepping."

—Cari Schofield, owner of Jalapeño Gal's Survival Surplus

Disaster can strike at any moment. Luckily, *The Doomsday Prepping Crash Course* can show you how to prepare yourself for any emergency.

*The Doomsday Prepping Crash Course* stresses that prepping for disaster is just that—a process. The most important step is having a good plan in place and getting your priorities straight from the very beginning. Understanding that what's in your wallet is always a concern (even when contemplating doomsday), Patty Hahne provides advice on how to keep your family safe even when you're on a tight budget.

*The Doomsday Prepping Crash Course* provides tips on everything from stocking up on medication to ensuring your animals and pets survive the event. Also included is a guide to building the ideal bug-out bag—a seventy-two-hour survival kit that will help you remain comfortable if you cannot spend doomsday in your home. Hahne makes it clear that whatever disaster occurs, the people who plan and prepare will be best equipped to survive and thrive.

**PATTY HAHNE** writes for the blog [PreppersIllustrated.com](http://PreppersIllustrated.com). Eight years ago, she decided she had endured her fill of city life. She packed her family into a van, moved them into a cabin in southern Oregon, and embraced alternative energy. She has been completely off the grid, with no electricity or running water, ever since.

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